

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**1**  
10:30 Art Class  
3:00 Music with Jean  
5:45 Music with Don

**2**  
8:00 Special Breakfast  
10:30 Balance Class 1  
10:30 Anglican Church Service  
11:15 Balance Class 2  
10:30 Catholic Church  
2:00 Reading Group  
  
Groundhog Day

**3**  
**Happy Birthday Marlene Craig**  
  
Hands on programs

**4**  
  
2:00 Games

**5**  
10:00 Memory Lane  
10:45 Coffee Club  
2:00 Church-Pentecostal

**6**  
10:30 Grandparent's Tea  
10:30 Snoezelen  
2:00 Spa Day  
5:45 Music with Don

**7**  
2:00 Spiritual Connections  
6:30 Classical Violin

**8**  
10:30 Art Class  
3:00 Music with Jean  
5:45 Music with Don

**9**  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
10:30 Musical Story  
2:00 Trivia

**10**  
  
Hands on programs

**11**  
  
2:00 Games

**12**  
10:00 Memory Lane  
10:45 Coffee Club  
2:00 Church-St. George's United

**13**  
**Happy Birthday Hilda Nystrom**  
10:30 Grandparent's Tea  
10:30 Snoezelen  
1:15 Aqua Fun  
2:00 Spa Day  
5:45 Music with Don

**14**  
**2:00 Valentine Program**  
6:30 Classical Violin  
  
Valentine's Day

**15**  
10:30 Art Class  
3:00 Music with Jean  
5:45 Music with Don

**16**  
8:00 Special Breakfast  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
10:30 Sensory Journey  
1:15 Tai Chi

**17**  
  
Hands on programs  
  
**6:00 Valentine Happy Hour with Dick**

**18**  
  
2:00 Games

**19**  
**Happy Birthday Betty Stuart**  
10:00 Memory Lane  
10:45 Coffee Club  
2:00 Church-Lutheran

**20**  
10:30 Grandparent's Tea  
10:30 Snoezelen  
2:00 Spa Day  
5:45 Music with Don  
  
Presidents' Day (US)

**21**  
12:00 Special Luncheon  
2:00 Music/Art  
6:30 Classical Violin  
  
Mardi Gras

**22**  
10:30 Art Class  
3:00 Music with Jean  
5:45 Music with Don

**23**  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
10:30 Musical Story  
1:15 Tai Chi

**24**  
  
Hands on programs

**25**  
**Happy Birthday Bernice MacPherson**  
  
2:00 Games

**26**  
**Happy Birthday Minnie Metrick**  
10:00 Memory Lane  
10:45 Coffee Club  
1:30 Church-Foursquare  
3:30 Youth Choir

**27**  
10:30 Grandparent's Tea  
10:30 Snoezelen  
1:15 Aqua Fun  
2:00 Spa Day  
5:45 Music with Don

**28**  
2:00 Spiritual Connections  
6:30 Classical Violin

**29**  
10:30 Art Class  
3:00 Music with Jean  
5:45 Music with Don



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Saturday



10:30 Art Class  
10:30 Men's Group  
2:00 Old Time Fiddlers  
6:30 Music with Don

10:00 Baking  
10:30 Anglican Church  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
1:45 Dancing

Groundhog Day

**Happy Birthday Noni Jenner**  
10:45 Fitness Class  
2:00 Drive

10:30 Skittles  
2:00 Zumba

11:00 Coffee Klatch  
2:00 Church-Pentecostal

**Happy Birthday Edna Graves 100 Years!**  
10:30 Tai Chi  
11:00 Sunshine Group  
11:00 Cranium Crunches  
1:30 Bingo  
**2:30 Birthday Cake for Edna**  
6:30 Music with Don

10:00 Computers  
10:45 Fitness Class  
2:00 Resident Meeting  
3:00 Healing Touch

8:00 Bacon Breaky  
10:30 Art Class  
10:30 Men's Group  
2:00 Choir Practice  
6:30 Music with Don

10:00 Baking  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
11:15 Men's Pub Lunch  
1:15 Music Appreciation  
2:00 Sing-a-Long with the Clowns

10:45 Fitness Class  
2:00 Bowling

10:30 Skittles  
2:00 Games

11:00 Coffee Klatch  
2:00 Church-St. George's United

10:30 Tai Chi  
11:00 Sunshine Group  
11:00 Cranium Crunches  
1:30 Bingo  
1:15 Aqua Fun  
6:30 Music with Don

10:00 Computers  
10:30 Valentine Visit with Royston School  
1:30 Shopping  
2:00 Belltones to Sisters Café  
3:00 Healing Touch

Valentine's Day

8:00 Special Breakfast  
10:30 Art Class  
10:30 Men's Group  
2:00 Choir Practice  
6:30 Music with Don

10:00 Baking  
10:30 Balance Class 1  
11:15 Balance Class 2  
10:30 Catholic Church  
**2:00 Valentine Talent Show**



10:45 Fitness Class  
2:00 Music with Ian Bunny Visits

10:30 Skittles  
**1:45 Around the World in 60 Minutes-with Rotary Youth Exchange Students**

11:00 Coffee Klatch  
2:00 Church-Lutheran

10:30 Tai Chi  
11:00 Sunshine Group  
11:00 Cranium Crunches  
1:30 Bingo  
6:30 Music with Don

Presidents' Day (US)

**Happy Birthday Jim Rogers**  
10:00 Computers  
10:45 Fitness Class  
1:30 Belltones  
2:00 Monthly Birthday Party  
3:00 Healing Touch

Mardi Gras

**Happy Birthday Ed Sawchuk**  
8:00 Bacon Breaky  
10:30 Art Class  
10:30 Men's Group  
**1:30 Grandbuddy Visit**  
2:30 Bay Community Tea Ladies  
6:30 Music with Don

10:30 Balance Class  
11:15 Balance Class 2  
10:30 Catholic Church  
1:15 Music Appreciation  
2:00 Evergreen Chorists  
**6:30 Family Night**

10:00 Baking  
10:45 Fitness Class  
2:00 Glacier View Lodge Here-Challenge

10:30 Skittles  
2:00 Games

11:00 Coffee Klatch  
1:30 Church-Foursquare  
3:00 Youth Choir

10:30 Tai Chi  
11:00 Sunshine Group  
11:00 Cranium Crunches  
1:30 Bingo  
1:15 Aqua Fun  
6:30 Music with Don

10:00 Computers  
10:45 Fitness Class  
12:00 Pancake Luncheon  
1:30 Shopping  
1:30 Drumming  
2:00 Welcome Tea  
3:00 Healing Touch

10:30 Art Class  
10:30 Men's Group  
2:00 Choir Practice  
6:30 Music with Don

